COOKING CULTURE

Our NDIS mentors will empower participants to develop their skills in meal planning, food safety and hygiene, and cooking techniques within a small social group.

Participants will also be supported to develop their independent living skills and employability skills as part of their pathway to living more independent and or preparing for work.









Scan our QR code to make an enquiry today













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in linkedin.com/company/youth-options-org

Together we help young people grow, feel good about themselves and hopeful for the future.