

**Plant** 



Grow



Harvest



Cook



## Seed2Plate

Cultivate
a HEALTHY CAREER
and LIFE!

## The Program Includes:

Horticulture and Gardening
Career Exploration
Independent Living Skills
Social Skills
Healthy Cooking and Eating
Workplace communication
Teamwork
Work, Health and Safety



https://youthoptions.org.au/ ndis-services-enquiry/

Work in the GREAT OUTDOORS and have FUN!









@YouthOptionsOrg



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